



Legacy Oral Surgery & Dental Implant Center

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Patient Instructions: Preparing for Intravenous Anesthesia

1. Do not eat any solid food, dairy products, or pulp for **8 hours** prior to your scheduled appointment. You may drink water, black coffee, or tea up until **4 hours** prior to your procedure. NO liquids may be consumed within the **4 hours** prior to your appointment unless taking morning medications/antibiotics advised by your surgeon.
2. If you take any prescription medications in the morning, your surgeon will review with you which ones to take. If you routinely take any blood pressure medication in the morning, it is best to take those with a sip of water. If you are taking any **GLP-1** we may need to alter your time of surgery and parameters for fasting.
3. A responsible adult must accompany you to the office and they **must** remain in the office during the procedure. It's recommended that the patient have a responsible adult stay with and monitor them for the first 24 hours while the anesthesia wears off.
4. Wear loose comfortable clothing, flat shoes, and **short sleeve** shirts.
5. Please **remove** any nail polish on one index finger and one thumb.
6. Refrain from all cannabis products for **72 hours** prior to the procedure as these may adversely interact with anesthesia.
7. If you are scheduled for removal of impacted wisdom teeth, eating and/or drinking pineapple for three days prior to your procedure has been clinically shown to reduce swelling and inflammation.
8. You must be healthy for two weeks prior to your procedure; no new cough, cold, sore throat, fever, or any flu like symptoms. Please inform our office 48 hours before your appointment if schedule change is needed.
9. No driving a car or operating heavy machinery for **24 hours** after your procedure.
10. Call with any questions
11. **Don't be nervous, we will take good care of you!**

Please read the Post-operative Instructions pertinent to your procedure prior to your surgery. Make note of any questions and we will answer them before you leave our office. These Post-op instructions can be found on our website under patient resources.